



AVAILABLE NOW

You've got Teladoc Health Talk to a doctor anytime, anywhere by phone or video.

Set up your account today to get care for non-emergency medical conditions like the flu, sinus infections, bronchitis, and much more.



Create account

Use your phone, the app, or the website to create an account and complete your medical history



Get Care

Request a time and a Teladoc Health provider will contact you



Feel better

The provider will diagnose symptoms and send a prescription if necessary

Get care now for free

Visit [Teladoc.com](https://www.teladoc.com)

Call 1-800-TELADOC (800-835-2362) | Download the app  | 

Refer to your employee booklet at [umar.com](https://www.umar.com) for Teladoc benefits

*Teladoc Health is not available internationally.

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